



eforea spa was born from our desire to deliver a different and truly innovative spa experience, offering our guests a refuge from their increasingly busy everyday lives. eforea spa guests enjoy services that focus on balance and general wellbeing.

Emerge renewed! eforea spa's promise is to take our guests on a voyage of transformation for the senses, hence brand's characteristic icon: a butterfly breaking free form her chrysalis.



spa etiquette

The atmosphere in the spa is calm and relaxed. Respect other customers' peacefulness and privacy. We urge you to refrain from using mobile phones and cameras, and from smoking. For your convenience, lockers are available to store your personal belongings. However, we suggest you leave your valuables at home or in the safe located in your room. *eforea* spa will not be responsible for lost or stolen items.

Health issues.

Kindly inform your spa technician of any existing medical conditions prior to receiving your treatments. Guests with medical conditions are advised to consult their doctors prior to booking any spa services.

Spa Experience.

For your comfort, the spa will provide towels, sandals, shower caps and all amenities needed for your visit. During your treatment, your intimacy will be respected and you will be adequately covered at all times.

Reservations.

To ensure your preferred time and service is available, we do advise reserving in advance. The spa offers walk-in services according to availability. Please arrive one hour before your appointment to enjoy our thermal area that will maximize the benefits of your treatment. To make a reservation, dial 2263 from the telephone in your room for the spa reception. From outside the hotel, please call +52 669 1959-455.

Pregnancy.

Please allow us to assist you in selecting the most adequate services for this special time. We recommend that you check with your physician beforehand.

Gift certificates.

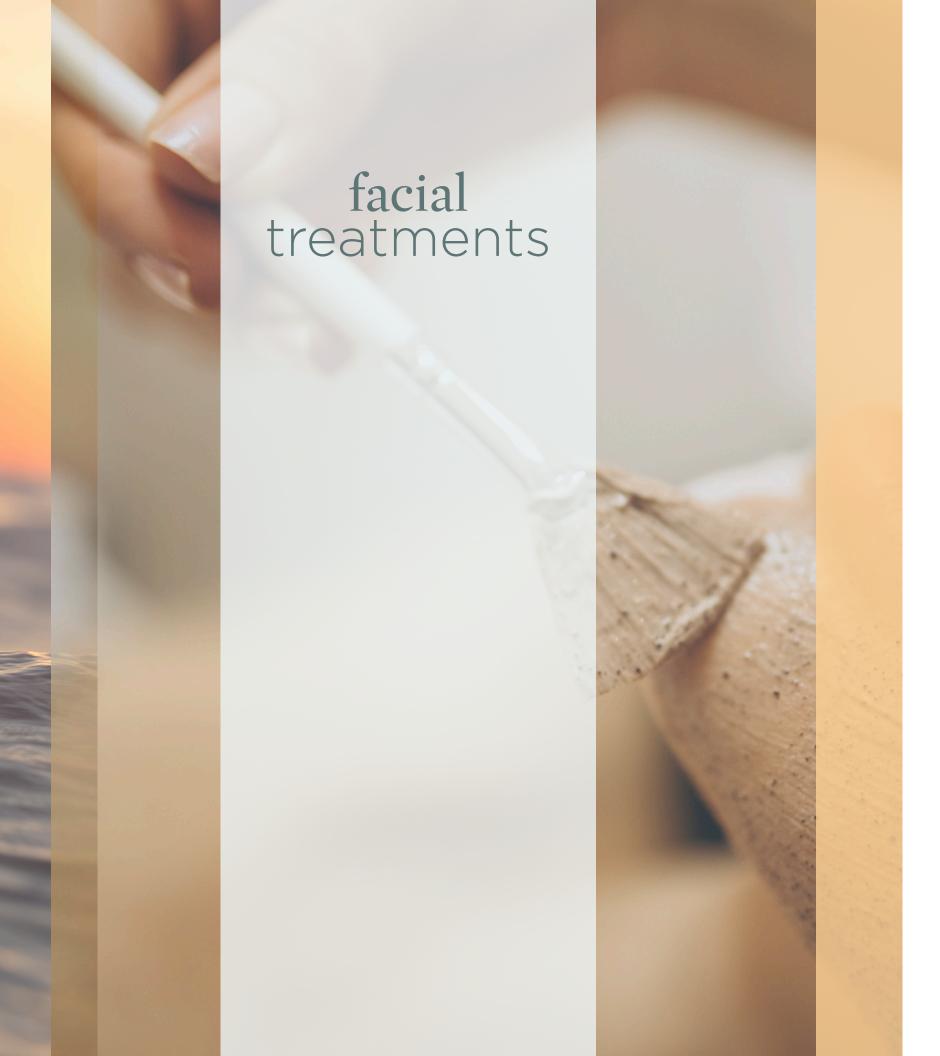
Our gift certificates are great for any special occasion. You can inquire about the details and make a purchase at the front desk of the spa.

Minimum Age.

The minimum age is 18.

Delay and cancellation policy.

Please bear in mind that any late arrival might result in a time reduction for the treatment, as a courtesy to the following guest. We urge our guests to give notice of cancellations at least two hours prior to the time of the appointment. If cancellation occurs less than 2 hours before the appointment, full price will be charged.



hydrating firming facial

Anti-ageing treatment with high concentrations of hyaluronic acid that reduces lines and brings extraordinary hydration to the skin while at the same time boosting the synthesis of collagen to improve firmness. As a result, the facial outline looks more defined and skin is rejuvenated.

50 min - \$ 1,375

depigmentating illuminating facial

Its exclusive formula and cutting-edge active ingredients combat the pigmentation caused by ageing or solar damage, achieving a radiant, hydrated and evenly-colored skin.

50 min - \$ 1,375

purifying detox facial

This facial treatment is recommended for oily and acne-prone skin. It regulates skin without dehydrating, helps control excessive oil production and balances the skin's acid mantle. It also regulates secretions and oxygenates tissue. Its anti-inflammatory and anti-bacterial properties help eliminate breakouts, accelerate their healing and reduce redness.

50 min - \$ 1,500



relax

Perfect combination of massage and muscle manipulation techniques that reduce muscle pain and joint stiffness, and stimulate circulation.

50 min - \$1,000 MXN 80 min - \$1,500 MXN

aroma relax

The most delicate massage, though just as effective in relaxing both mind and body.

Perfect synergy of different massage techniques with a combination of relaxing essential oils that will leave you completely renewed.

50 min - \$1,000 MXN 80 min - \$1,500 MXN

back, neck and shoulders

This massage is focused on the upper part of the body; it eliminates muscle tension, headaches and rigidity in the upper back.

30 min - \$688 MXN

deep

Firm pressure massage that releases tension in the deepest layers of muscle and connective tissue. Perfect for those who enjoy a stronger kind of massage or need to liberate lactic acid.

> 50 min - \$1,125 MXN 80 min - \$1,500 MXN

hot stones

We combine the healing power of volcanic stones with essential oils from the region to balance energy points, eliminate stress and harmonize the body.

50 min - \$1,300 MXN 80 min - \$1,625 MXN

sports massage

After an intense workout, we recommend a sports massage for feet and legs. Our techniques will help you to eliminate fatigue and prevent injuries in the exercised areas.

30 min - \$750 MXN



massage

tired legs

This massage improves blood flow and lymphatic circulation to the lower limbs thanks to the use of essential oils and the thermo-regulating effect of hot towels.

30 min - \$688 MXN

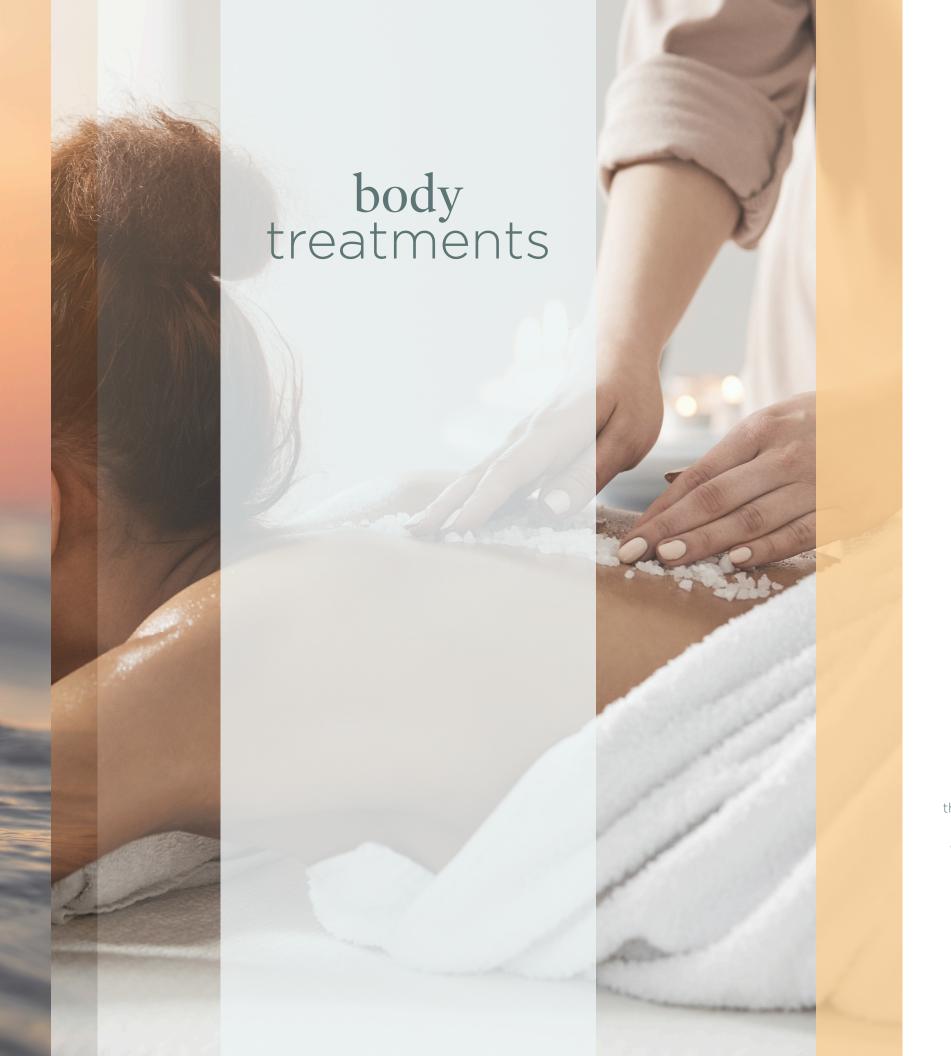
4 hands massage

Body massage performed by 2 therapists simultaneously with coordinated relaxation massage techniques.

50 min - \$1,700 MXN

couples

Pick your favourite massage and enjoy the experience next to your favourite person.



body exfoliant

The first step to having a renewed skin is a deep body exfoliation. Eliminating dead skin cells and impurities will result in softer and more radiant skin.

30 min - \$ 875 MXN

hydrating body wrap

Experience the comforting sensation of this hydrating and nurturing agave body wrap. Just like a second skin, this exquisite mask deeply hydrates your skin and gives it a satin appearance and silky texture. Your treatment will culminate with a relaxing foot ritual.

80 min - \$ 1,750 MXN



anti-cellulite coffee treatment

This treatment attacks cellulite by activating the metabolism and assisting in the elimination of toxins and liquids thanks to the effects of caffeine. It reduces the volume and improves the appearance of orange peel skin.

50 min - \$ 1,500 MXN

algae reducer

Specifically created to reduce volume, activate diuresis and improve circulation thanks to the draining effect of algae. It effectively combats edematous cellulite as it tones and firms the skin.

50 min - \$ 1,500 MXN

perfect pearl facial

Excellent anti-aging treatment that brings life and light to the face and firms the skin thanks to the benefits of pearl dust. Ideal for mature skins as well as younger ones showing their first expression lines.

50 min - \$ 1,500 MXN

pacific pearl body ritual

Dive into the depths of the sea and enjoy the properties of pearl. Our ritual begins with a subtle and delicate pearl dust body exfoliation followed by a marine caress that will wrap your whole body in a detoxing algae mask. Finally, a hydrating massage will completely renew your skin.

50 min - \$ 1,500 MXN



Our beauty salon offers the services of manicure, pedicure, hairdressing and beauty.

For information on services available, as well as their prices, please contact the spa front desk.

manicure

pedicure

50 min - \$500 MXN

50 min - \$688 MXN

shellac application

30 min - \$250 MXN

